



**Exodus 16:1-8**  
**New International Version**

**16** The whole Israelite community set out from Elim and came to the Desert of Sin, which is between Elim and Sinai, on the fifteenth day of the second month after they had come out of Egypt. <sup>2</sup> In the desert the whole community grumbled against Moses and Aaron. <sup>3</sup> The Israelites said to them, “If only we had died by the LORD’s hand in Egypt! There we sat around pots of meat and ate all the food we wanted, but you have brought us out into this desert to starve this entire assembly to death.”

<sup>4</sup> Then the LORD said to Moses, “I will rain down bread from heaven for you. The people are to go out each day and gather enough for that day. In this way I will test them and see whether they will follow my instructions. <sup>5</sup> On the sixth day they are to prepare what they bring in, and that is to be twice as much as they gather on the other days.”

<sup>6</sup> So Moses and Aaron said to all the Israelites, “In the evening you will know that it was the LORD who brought you out of Egypt, <sup>7</sup> and in the morning you will see the glory of the LORD, because he has heard your grumbling against him. Who are we, that you should grumble against us?”<sup>8</sup> Moses also said, “You will know that it was the LORD when he gives you meat to eat in the evening and all the bread you want in the morning, because he has heard your grumbling against him. Who are we? You are not grumbling against us, but against the LORD.”

*Having Jesus is enough in a Season of Waiting*



# Sermon Notes

## Seasons of Change

A Study on the Life of Moses

Change is both **NATURAL** and **STRESSFUL**

We glamorize the **PAST**

*“There we sat around pots of meat and ate all the food we wanted” v3*

We overlook the **PRESENT**

*We have lost our appetite; we never see anything but this manna! Num 11:6*

*Bread from Heaven: Free, Abundant, Constant, Trusting, Responsive*

*Give us each day our daily bread. Luke 11:3*

We Fear the **FUTURE**

**Fear is contagious and paralyzing**

*“We can’t attack those people; they’re way stronger than we are. Nu 13:31-3*

*If you can’t be grateful in the present,  
You won’t ever be in the future.*

**Overcoming our Fear of Change**

1. Live with a sense of Gratitude (Col 3:13)
2. Remember the Love of God (Romans 8:35-9)
3. Walk by Faith (Phil 4:13)

# LIVING WORD

## *When Change is Hard*

*Lot's wife looked back, and she became a pillar of salt. Gen 19:26*

Letting go of the familiar is tough. Changing careers or colleges or moving to a new city can take an emotional toll on us. It's even more difficult to leave behind old habits, attitudes and behaviors.

Lot's wife wasn't able to let go of her home in Sodom, even though God sent angels to warn her family to run for their lives because judgment was coming. In fact, the angels' warnings included such grave commands as "Don't look back" and "Don't stop."

Why in the world did this woman choose to stop and look back? Could it be that she loved the life she was leaving too much? Though Sodom was full to overflowing with sin and vice, apparently the dark and oppressive city was comfortably familiar to Lot's wife.

It is difficult to leave the familiar behind. That fact is as true today as it was in the days of Sodom and Gomorrah's destruction—even when God himself is saying, **"It's time to move on."**

Unlike Lot's wife, none of us has ever become a pillar of salt by turning back for one last peek. Yet we all struggle with the difficulties of letting go of the old in order to grasp the new.

Take heart. God understands that letting go of the familiar is hard. Yet he has called us to move on to new life in Jesus Christ by letting go of our old worldly lives, our old habits, our old dreams—to boldly move forward without looking back.

What does this passage teach you about letting go in order to move forward?

*Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts. Colossians 3:16*

*"I can do all things through Christ who strengthens me." Phil 4:13*

**Numbers 13** The LORD said to Moses, <sup>2</sup> "Send some men to explore the land of Canaan, which I am giving to the Israelites. From each ancestral tribe send one of its leaders."

**Numbers 14** All the Israelites grumbled against Moses and Aaron, and the whole assembly said to them, "If only we had died in Egypt! Or in this wilderness! <sup>3</sup> Why is the LORD bringing us to this land only to let us fall by the sword? Our wives and children will be taken as plunder. Wouldn't it be better for us to go back to Egypt?" <sup>4</sup> And they said to each other, "We should choose a leader and go back to Egypt."

**Romans 8**

<sup>31</sup> What, then, shall we say in response to these things? If God is for us, who can be against us? <sup>32</sup> He who did not spare his own Son, but gave him up for us all—how will he not also, along with him, graciously give us all things? <sup>33</sup> Who will bring any charge against those whom God has chosen? It is God who justifies. <sup>34</sup> Who then is the one who condemns? No one. Christ Jesus who died—more than that, who was raised to life—is at the right hand of God and is also interceding for us. <sup>35</sup> Who shall separate us from the love of Christ? Shall trouble or hardship or persecution or famine or nakedness or danger or sword? <sup>36</sup> As it is written:

*"For your sake we face death all day long;  
we are considered as sheep to be slaughtered."*<sup>[i]</sup>

<sup>37</sup> No, in all these things we are more than conquerors through him who loved us. <sup>38</sup> For I am convinced that neither death nor life, neither angels nor demons,<sup>[k]</sup> neither the present nor the future, nor any powers,<sup>39</sup> neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.