

## Matthew 26:20-25 New International Version

When evening came, Jesus was reclining at the table with the Twelve.

While they were eating, Jesus took bread, and when he had given thanks, he broke it and gave it to his disciples, saying, "Take and eat; this is my body."

Then he took a cup, and when he had given thanks, he gave it to them, saying, "Drink from it, all of you. This is my blood of the covenant, which is poured out for many for the forgiveness of sins. I tell you, I will not drink from this fruit of the vine from now on until that day when I drink it new with you in my Father's kingdom."

When they had sung a hymn, they went out to the Mount of Olives.

"I will call them 'my people' who are not my people; and I will call her 'my loved one' who is not my loved one," Romans 9:25 Hosea 2:23

demands of life take over, busyness crowds out eternity, routines robs us of meaning



### THE LORD'S SUPPER

**Our Human Condition:** Our natural tendency is to drift or to be distracted from the Gospel truth.

#### 1. We have a **SACRIFICE** to Remember (gratitude)

To **REMEMBER** what we often taken for granted.

"We are, largely, who we remember ourselves to be" Holly Black

#### 2. We have a **STORY** to Share (generous)

"This is my blood of the covenant, which is poured out for many for the forgiveness of sins." v28

"God made him who had no sin to be sin for us, so that in him we might become the righteousness of God." 2 Cor 5:21

God gave his own obedient child a traitor's death so that real traitors could become with his help and by his example, what He is.

#### 3. We have a **PROMISE** to Celebrate (gladness)

I tell you, I will not drink from this fruit of the vine from now on until that day when I drink it new with you in my Father's kingdom." v 29

"Now is your time of grief, but I will see you again and you will rejoice, and no one will take away your joy." John 16:22



# THIS HOLY MYSTERY LORD'S SUPPER

Holy Communion (or the Lord's Supper) is a mystery too deep for words. Its meaning and impact will vary for each of us depending upon circumstances in our lives and growing faith in Christ. But three essential meanings are caught up in this proclamation in our Communion service: "Christ has died; Christ is risen; Christ will come again".

"Christ has died" -- Communion is a time to remember Jesus' death, his self-giving sacrifice on our behalf. This is not theoretical or philosophical, but a painful death beyond anything we can imagine.

"Christ is risen" -- Communion is a time to celebrate the Resurrection, to recognize and give thanks for the Risen Christ. We do not celebrate a past event, but a present, living person who invites us to join him in the Kingdom of God.

"Christ will come again" -- We also celebrate the final victory of Christ. Having read the final chapter, we anticipate God's coming reign, God's future plans for this world and all creation and participate in sharing that Good News.

"It is the highest and holiest of the paradoxes that the man who really knows he cannot pay his debt will be forever paying it." — G. K. Chesterton