10 Ideas for Kindness

1 Say hello
2 Visit a friend
3 Let another go first
4 Forgive mistakes
5 Share a smile
6 Open a door
7 Lend a hand
8 Be tolerant
9 Offer a hug
10 Do an act of kindness every day

Pass it on!

the random acts of kindness foundation

www.actsofkindness.org