



Matthew
4:18-22
New International Version
1984 (NIV1984)

¹⁸ While walking by the Sea of Galilee, he saw two brothers, Simon (who is called Peter) and Andrew his brother, casting a net into the sea, for they were fishermen. ¹⁹ And he said to them, "Follow me, and I will make you fishers of men."^[a] ²⁰ Immediately they left their nets and followed him. ²¹ And going on from there he saw two other brothers, James the son of Zebedee and John his brother, in the boat with Zebedee their father, mending their nets, and he called them. ²² Immediately they left the boat and their father and followed him.

I don't care what you do or what you own. I just want to know who you are. I want to know your uniqueness, the experiences you've had and the learnings you've gained. I want to know your story.

He said, "I used to do it for a living." We looked at each other and at the same time we said, "Now I/you do it for LIVING!" It completely reframes that phrase for me! What we do for "our living" is not just the work we do, but also must feed our passion, our spirits, our souls... literally bring us life!

What do you expect of yourself, and what do others expect of you—at work, at home, in times of pressure and even pleasure?

Coherence navigates the chaos and conflicts inherent in life with an internal gyroscope that guides circumstances and directs all of life.



Sermon Notes

LEADING CAUSES OF LIFE

LIFE SEEKS **COHERENCY** AND **CONSISTENCY**

Christ invites us into a life of light, love and fulfillment and avoid running away from pain, punishment and problems.

STRESS the result of a **fractured** and **fragmented** Life

Expectations are the roles we are given to play in unfamiliar stories

COHERENCY - *logical and orderly and consistent relation of parts*

Christ Centered – the destiny of life

Family Focused – the strength of life

Called to be Yourself – the joy of life

Maturity: Choice without pressure

Jesus saw a man called Matthew sitting at the tax booth, and he said to him, "Follow me." And he rose and followed him. Matthew 9:9

Do you live a consistent life?
Coherent or Compartmentalized?

Top 10 Causes of Death in Men

Men have shorter life expectancies than women. While we will all die eventually, there are things we can do to live longer and healthier lives, which improves the overall quality of our lives and our families lives.

According to the U.S. Centers for Disease Control and Prevention (CDC), in 2003 just over one million American men died of heart disease or one of the nine other leading causes of death. That represents 80 percent of all deaths by men that year. Men are more likely than women to die from most of these causes. Luckily, because many of these causes can be prevented, men can take steps to avoid them by knowing the symptoms, by having regular checkups by a doctor or health care provider and by taking steps to live a healthier life.

- [Heart Disease](#)
- [Cancer](#)
- [Unintentional Injuries](#)
- [Stroke](#)
- [Chronic Obstructive Pulmonary Disease \(LungDiseases\)](#)
- [Diabetes](#)
- [Influenza and Pneumonia](#)
- [Suicide](#)
- [Kidney Disease](#)
- [Alzheimer's Disease](#)