

### 3 PRE-GAME

**Stay alert to Signs of Concussion**

**Equipment Chk** – tape, shin guards, jewelry

**Throw-ins** – watch hands and feet

**Offsides** – wave down if to keeper

**Goal Signal:** jog up the line

**Foul** inside the Penalty Box

**Watch** behind me after the play

**No Automatic** Subs after Goal

**Substitution: count** & signal ready

**Ready** = eye contact, open palm

**Mirror** each other's signals / restart

**Delay Restart** – 1<sup>st</sup> Warning then Card

**Cardable Offense** – wave me over

**Coaches** are teachers: language & actions

**Back Up** time, score, and bench

**Spot** ball on the fouls nearest you

**Altercations:** bench side take numbers

## 3 PRE-GAME

### YELLOW

Persistent  
Failure to Distance  
Unsporting  
Dissent  
Delay  
Leave  
Enter

### RED

Serious Foul Play  
Violent Conduct  
Spitting  
Abusive L/G  
DOGOS foul / hand  
Taunting  
2<sup>nd</sup> Caution

### Unsporting Behavior (12.8.1)

Deliberate Tactical Foul  
Deliberate Handball  
Encroachment  
Holding Shirt  
Faking injury  
Illegally equipped  
Focus attention to themselves  
Coaching outside team area  
Verbal Tactics